



1<sup>st</sup> May 2024

Dear Parents and Carers,

We are happy to inform you that we have planned a range of activities and sessions to support all our Year 6 pupils through this summer term of change and transition. After half term, there are several transition events, including your child visiting their secondary school. Further details regarding these will be sent out nearer the time.

Every Tuesday this term, we have Ross Humphries, from the Mental Health Schools Support Team, coming in to run weekly afternoon sessions with every Year 6 class: these are focused on managing worry and anxiety and providing our young pupils with practical skills and tips for a healthy mindset and wellbeing.

In May, (date TBC) we have Katie Frampton, our Inclusion Team specialist, visiting to talk to our pupils and parents about 'Transitions and the Pre- Teenage Brain'. We have asked Katie to run a workshop for parents and children to our support our young people to understand and make sense of their shifting emotions and mood swings by educating them about the changes that are occurring in the brain.

In June and July, the Schools Support Team will join us again to run workshops on coping with change and transition to secondary school. We are working closely with the secondary school pastoral teams to support our young people as they approach the next stage in their education journey.

In Year 7, pupils will be expected to change into PE kits at school, instead of arriving at school in them. **Therefore, after half term, we will be asking Year 6 children to bring their PE kit into school on their PE day so that they can change here at the academy.** The children will be given separate group times and group spaces in order to change with the appropriate level of privacy.

Please do not hesitate to contact your class team in the first instance, if you have any further questions. Please note, further transition details from each individual secondary school will be sent out after half term.

If you would like to talk to our Inclusion Team/Pastoral, please book an appointment through the office - we have our weekly parent "surgery" appointments every Tuesday from 8.30am - 10.30am.

Thank you for your continued support,

Year 6 Team and Inclusion Team.