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| **Newquay Junior Academy – Physical Education** |
| **Topic:** Invasion Games | **Year:** 4 |
| **Composite: To acquire and develop the fundamental skills to perform invasion games that will provide the foundations for playing team sports in the future. To understand the concept of ‘attack’ and ‘defence’. To understand the concept of ‘teams’ and ‘teamwork’.**  |

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| **What should they already know?** | **Assessment Criteria** |
| * Be able to throw and catch with increasing accuracy under pressure.
* Have the skills to control a football with their feet.
* Understand what a strategy is and why they are used in sport.
* Be able to apply movement skills to move into a space effectively.
 | **GOLD (GD):** Fulfilling and exceeding all the Learning Outcomes. Performing skills fluently and consistently. Having a thorough understanding of the knowledge involved and be able to apply to other areas of PE curriculum.**SILVER (WA):** Meting 80% of the Learning Outcomes, demonstrating a ‘good’ level of skill and knowledge.**BRONZE (WT):** Working towards achieving the Learning Outcomes. |

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| **Learning Outcomes** |
| **Overview of Knowledge** | **Overview of Skill** |
| * I am able to identify sports that are invasion games.
* I know it is important to work as a team to achieve the desired outcome.
* I understand the concept of ‘attack’ and ‘defence’.
* I know how to evaluate our team performance and suggest ways to improve.
 | * I can explain and demonstrate the importance of space and position.
* I can explain that I need to have my eyes and hands ready to be successful at catching.
* I can throw and catch whilst applying the ‘footwork rule’.
* I can play a variety of invasion games and work as a team.
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| **Key Vocabulary** | **Life Skills** |
| **Invasion Game:** Theterm used for any game where the aim is to attack an opponent's territory and score a goal or point.**Underarm throw:** A throw that is used to propel an object over a short distance accurately. It involves the transference of weight forwards as the straight-throwing arm swings through from the back to the front to release the object at hip height.**Catch:** Gaining control of the ball by either using the ‘English’ or ‘Australian’ method of catching. It is important to ‘cushion’ the ball when catching.**Teamwork:** The ability of a group of people to work well together to achieve a desired outcome. | Team workRespectUnderstanding why there are rulesEvaluating performanceDeveloping strategies |

**Year 4 Invasion Games SoW**

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| **Stage** | **Focus** | **Learning Objectives** | **Lesson** |
| A | WHAT ARE INVASION GAMES? | -To understand what ‘invasion games’ mean.-To be able to identify sports that are invasion games.-Perform a basic invasion game.  | Teacher led Warm-Up.4 teams: ROB THE NEST4 progressions: a) how many items? B) items worth different points. C) rob from other teams D) rob with a strategy.Focus on: team work and strategy.  |
| B | BENCHBALL | -Apply throwing and catching skills under pressure.-Work as a team to achieve the desired outcome.  | Teacher led warm-up.4 teams. Aim) To get everyone on the bench.Applications of rules and introduction of fair play. Strategies- attach, defend. Support less able.  |
| C | BENCHBALL(netball style) | -Apply throwing and catching skills with a ‘no footwork’ rule.-Understand the concept of ‘moving into space’.  | Warm up: Pulse raiser.4 or 6 teams (depending on class size).Score by passing to the team member on the bench. The person who threw that ball is the person who is now on the bench. Intro rules and importance of fair play.Scoring. |
| D | CROSSOVER | -To understand the concept of ‘spacial awareness’.-Work together as a team to be as successful as possible. | Teacher led Warm Up. 4 teams. Aim) To get all your team in the end zone.Rules) If tagged by opposing team, return to your half. Focus on team strategies.  |
| E | SLIDE TAG | - To work effectively as a team to be as successful as possible.-Understand the concept of ‘attack’ and how you can do it.  | Teacher led warm up.Youtube) slide tag physical invasion game.4 teams Progressions) playing area, zone penetration, zone penetration with bean bags, pivoting.Focus on application of rules and use of tactics.  |
| F | TENNIS BALL GAME | -Apply all skills learnt into game.With the application of rules-Evaluate progress and individual performance. | Split into 6 teams. Designate captains. Captains lead warm-ups. A whiteboard per team to plan positions and strategies.Application of skills in games.Tournament style. Evaluate module.  |

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