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| **Arrive at NJA after KS1**  |

**P.E. @ NJA**

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| **Year 3** |
| **Multi-Skills** | **Invasion Games** | **Movement to Music** | **Net / Wall Games** | **Athletic Fundamentals** | **Striking & Fielding****‘Enrichment’** | **Swimming** | **Inter-class****competition** |
| **DrEAM breaks Active playtimes & Lunchtimes Provision of lunchtime and after academy clubs**  |

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| **Year 4** |
| **Multi-Skills** | **Invasion Games** | **Gymnastics** | **Net / Wall Games** | **Athletic Fundamentals** | **Striking & Fielding****‘Enrichment’** | **Outdoor Adventurous Activities (camp)** | **Inter-class****competition** |
| **DrEAM breaks Active playtimes & Lunchtimes Provision of lunchtime and after academy clubs** |

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| **Year 5** |
| **Netball** | **Outdoor Adventurous Activities** | **Dance** | **Hockey** | **Athletics** | **Rounders / Cricket****‘Enrichment’** | **Swimming** | **Inter-class****competition** |
| **DrEAM breaks Active playtimes & Lunchtimes Provision of lunchtime and after academy clubs** |

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| **Year 6** |
| **Football** | **Health-Related Exercise** | **Gymnastics** | **Basketball** | **Athletics** | **Rounders / Cricket****‘Enrichment’** | **Outdoor Adventurous Activities (camp)** | **Inter-class****competition** |
| **DrEAM breaks Active playtimes & Lunchtimes Provision of lunchtime and after academy clubs** |

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| **Ready for P.E. at your Secondary School**  |